

**CHRISTCHURCH RUDOLF STEINER SCHOOL**  
**COLLEGE PRINCIPAL GROUP**

**Management**

NAG 5 Policy on **HEALTH AND SAFETY**

Procedure . 5.7 re **SUN PROTECTION**

1. Children will be expected to wear hats when involved in outdoor activities at school (*playtime, lunchtime*) during summer (*Terms 1 and 4*).
2. Hats and sunblock are expected to be used when children are involved in sporting activities or on camp
3. Staff will act as role models by employing appropriate sun protective behaviour for summer outdoor activities. i.e. wear sunhats
4. Children will eat their lunch inside classrooms or under shaded areas with teacher supervision.
5. SPF 15+ Broad Spectrum Sunscreen will be available for staff and children and its use encouraged, especially on days of high risk. Parents are encouraged to put sunscreen on their own children.
6. Sun protection will be reinforced in a positive way through school newsletters and the health programme that promotes melanoma awareness.
7. BOT is encouraged to consider shade areas around the school

Suggested **SUN PROTECTION PROCEDURE**

- During the summer months all children will sit under the shade area or on the veranda for lunch.
- SPF15+ Broad Spectrum, water resistant sunscreen will be available for staff and children, and its use encouraged, especially on days of high risk.
- The playground areas will be planted with shade trees so children can play in the shade.
- Where possible outdoor activities and sports will be scheduled for the mornings during the summer months.
- Children will be encouraged to wear hats which protect the face, neck and ears while they are outside.
- Staff will be encouraged to act as role models by wearing appropriate hats and clothing for all summer outdoor activities, wearing sunscreen, as above and seeking shade wherever possible.
- Programmes on melanoma will be incorporated into the school curriculum, especially at the beginning of the summer months.
- The Sun Protection School Policy will be regularly reinforced in a positive way through newsletters, parent meetings, student and teacher activities.
- Parents/guardians will be provided with information on our Sun Protection School Policy on enrolment.

Reviewed: May 2011

Responsibility for review: Management

Responsibility for administering this procedure: Management

Review date: May 2018

Signed

